

Warrigal

Inspiring communities
for older people

HOME SERVICES Community & Social Engagement



'Home & Away' Social engagement and community connectedness is the cornerstone of every balanced life. Meeting with friends and family, getting out and about, remaining physically active and sourcing good companionship keeps your mind stimulated and your body agile. The Warrigal Home Services team can introduce you to a broad range of community and social engagement options including clubs, special interest groups and numerous indoor and outdoor activities where you can meet new friends, learn new skills or simply enjoy yourself.

Services include (but are not limited to):

- ✓ Group outings & bus trips
- ✓ Assisted transport (Care support assistance with transport to appointments, meetings, social activities or shopping)
- ✓ Participation in Warrigal group activities (centre based, social groups & village)
- ✓ Pet exercise (Care support when exercising pets)
- ✓ Supported shopping (Care support when shopping)
- ✓ Individual social support (writing/reading letters, reading/replying to emails, paying bills, general companionship)
- ✓ Plus more....

Warrigal is committed to working flexibly with you to ensure you receive the services you need and can stay connected with your family, friends and community. During this time of COVID-19, we look forward to supporting and working with you.

Contact your Home Services Coordinator today!

Phone: 1800 927 744 **Email:** homeservices@warrigal.com.au **Web:** warrigal.com.au