



MERRY Christmas

AND HAPPY NEW YEAR



Warrigal Care Auxiliary and Op Shop

Volunteer Update

It was lovely to catch up with so many of you at our recent Volunteer Christmas events in Goulburn and Illawarra, to reflect on the past year and celebrate Christmas.

We are incredibly fortunate to have such an inspiring team of over 380 volunteers across Warrigal, who are dedicated to providing care and companionship to older people.

I thoroughly enjoyed hearing so many inspiring stories of what you are doing at Warrigal and the difference you make during each and every visit.

On behalf of the managers, staff, residents and families we send a big **THANK YOU** for your tremendous support and freely giving of your time each week.

We wish you and your families a very happy and safe festive season and a happy new year.

Michelle Chate, Volunteer Coordinator



Shell Cove Volunteers

Christmas Message from CEO



taken from video message to all staff and volunteers

"I want to thank you for the very warm welcome I have received. It's fabulous to be part of this organisation. What I've noticed since I've been here is the quality of care, kindness and compassion that everyone displays, not only to each other, but in particular to our residents and customers. And that's actually what we stand for. Our values stand at the forefront of who we are and what we do and that is indeed the Warrigal Way.

For that I want to deeply thank you for your work across the year and particularly across the festive season. Our residents, our clients, our customers also really value and appreciate the work that is put in over this time of year.

I do want to do a special welcome to our MACI colleagues. This will be their first Christmas with us and a big thank you to them for joining Warrigal.

Next year will be a big year as we roll out the Aged Care Reforms and I think that it's exciting to improve public sentiment about aged care. That this is a place that we want to welcome our older Australians and so it's an exciting time that we walk into. We finish 2022 and we walk into 2023 with lots of excitement and joy about what the year hold."

Thank you everyone and a very Merry Christmas to you all."



Jenni Hutchins (CEO, Warrigal)



Laurel Volunteer and Corae Lifestyle (Bundanoon)

Christmas Message from Chairman, Warrigal Board

taken from video message to all staff and volunteers

“The Warrigal Board is comprised of eight volunteer Directors, who have been with us for a very long time. Some for over 25 years!

The role of the Board is to provide operational and corporate governance to the organisation, set strategic directions and provide guidance to the Executive team. We delegate the day to day running of the organisation to Jenni (CEO) and the Executive team who look after the organisation on a 365 day a year basis.

I'm sure you will agree they have done a fantastic job over the last 12 months considering the very difficult year that we've had.

But they can't do it all themselves, and that is why I want to thank every one of you who has done a fantastic job in making sure that Warrigal provides the services that our residents and customers expect.

I want to thank the front line staff, the carers and nurses who are there 24/7, 365 days of the year, looking after our residents and customers to make sure they stay safe and well and have great lives. They can't do it by themselves, as they need a support team and we have a wonderful support team be it cooks, cleaners, maintenance people, bus drivers and Administration staff who are all integral in Warrigal's organisation.

And where would we be without our volunteers? These people give up their time freely to be with us and to do any job asked of them. So a huge thank you to them as well.

As many of you know, over the year we have employed a lot of extra new staff who have joined the Warrigal family. So a warm welcome to them, and I hope they have a very productive and enjoyable career with Warrigal.

I know many of you will be working over the festive season. Your contribution over that period of time is valued by our customers, residents and their family. A huge thank you to you for doing that.

I wish you a very happy festive season and please stay safe.”

Wyn Janssen (Chairman, Warrigal Board)



Warrigal's Board of Directors

From left: Nicky Sloan, Philip Thompson OAM, Helen Newman, Margaret Collins, Wayne Morris, Wyn Janssen, Judy Mullan, Roger Down



Warrigal Op Shop committed to reducing landfill



The Warrigal Op Shop is located on George Street, Warilla and open Wednesday to Friday, 9.30am to 2.00pm.

The Op Shop is operated by the Warrigal Care Auxiliary volunteers and has been proudly serving the local community for over 39 years. All profits go back into purchasing equipment, furniture, activities, etc that will directly benefit our residents and assist the staff.

Our volunteers Jenny (Supervisor), Sonya, Susan, Shirley, Johanne, Debbie, Donna, Tia, Pat, Dennese, Julie and Anna are committed to reducing landfill and will recycle items unsuitable for resale. "We hardly put anything in the bin anymore, as it all gets recycled" Jenny said.

A local farmer picks up all the textiles that are unable to be sold and deliveries them to local farmers in the Illawarra and Highlands to be used as rags.

A car detailer in Bulli purchases all flannelette materials to use as polishing rags for his business.

Sonya and Julie (Volunteers) collect bits and pieces from items that can't be sold. Sonya makes Fiddle Mats for our residents living with dementia and Julie make unique broaches and earrings. Julie will also mend clothing e.g., hemming and sewing buttons on to ensure all garments are ready for sale.

Our volunteers take great pride in the Op Shop and are always warm and welcoming, engaging and bring a smile to anyone who visits. "We have so many customers each day, our regular locals, customers across the Illawarra and customers visiting from out of the region who have heard about the shop".

"Our new Fijian staff have become regular visitors at the Shop. They are absolutely delightful and we love having a good laugh with them when they visit after work".

On behalf of the Warrigal Care Auxiliary and Op Shop Volunteers we thank you for your support during 2022 and wish all our customers a happy and safe Christmas. We look forward to seeing you in 2023.



Jenny - Supervisor



Julie - Volunteer



Debbie - Volunteer



Susan - Volunteer



COVID-19 changes to protocols



Due to the increase in COVID-19 cases, the following protocols will be implemented immediately:

- All staff, visitors, volunteers and contractors must complete a Rapid Antigen Test **DAILY** when entering the care home.
- Surgical masks can continue to be worn in the home if it is not experiencing an outbreak.
- Anyone going into an area of the home where there are positive cases, must wear an N95 mask and eye protection. Other areas within the home do not have positive cases, do not require eye protection, but an N95 mask must be worn.

These protocols will be reviewed at the end of the year.



Volunteer Polo Shirts

Size	To Fit Chest (CM)	To Fit Chest (Inches)
XS	90-95	35-37
S	95-100	37-39
M	100-105	39-41
L	105-110	41-43
XL	110-115	43-45
2XL	115-120	45-47
3XL	120-125	47-49
4XL	125+	50+

Please contact me on the number or email below to order your volunteer polo shirt. **Note:** size up if you prefer a loose fitting polo.

Volunteers Needed

Calwell (ACT), Stirling (ACT), Goulburn, Queanbeyan, Bundanoon, Wollongong, Coniston, Mt Terry

- Coffee and chat (1:1 companionship visits)
- Bus Outing Assistants
- Games and Activities Assistants
- Men's or Ladies Group
- Newspaper Deliveries
- Gardening Group
- Pet Therapy
- Craft, Knitting, Art Therapy, Cooking
- Hand Massage
- Entertainment (piano, instrument, singing)
- Cafe Assistant

Illawarra, Bundanoon, Goulburn Auxiliaries
Fundraising and organising events. Auxiliary meets monthly to plan and deliver fundraising events throughout the year.



APPLY NOW

Scan the QR code to apply or contact our Volunteer Coordinator on 0436 806 723



Community Facilitators

Shell Cove - Lexy Varshawsky (0476 858 872)
avarshawsky@warrigal.com.au

Queanbeyan - Maddie Memmolo 0448 586 928
mmemmolo@warrigal.com.au

Lifestyle Team Leaders

APR - Natasha McAlister (0476 858 870)
nmcAlister@warrigal.com.au

Bundanoon - Stacy Plain (02) 4884 6100
splain@warrigal.com.au

Calwell - Amrit Adhikari (02) 6298 5200
aadhikari@warrigal.com.au

Coniston - Sarah Sainsbury (02) 4229 4433
ssainsbury@warrigal.com.au

Goulburn - Rachael Edwards (0476 858 871)
redwards@warrigal.com.au

Mt Warrigal - Stella Banks (0458 110 571)
sbanks@warrigal.com.au

Mt Terry - Linda Winter (0436 631 170)
lwinter@warrigal.com.au

Queanbeyan - Kathleen Thompson (0408 486 016)
kthompson@warrigal.com.au

Stirling - Kimberley, Sushila, Bubita (02) 6287 0200

Wollongong - Wendy McKnight (02) 4222 0930
wmcknight@warrigal.com.au

For all volunteer enquiries please contact Warrigal's Volunteer Coordinator

Tel: 0436 806 723 | Email: volunteering@warrigal.com.au